

Name: _____

Dusted Off and Ready
Questions for AFTER reading second section (pages 16 – 27)

1. Has anyone ever said “who cares” to you when you felt that something was important? Have you ever told someone else “who cares” before?
 2. Have you ever felt the relief of having someone forgive you for something? Can you tell about it?
 3. Have you ever forgiven someone for something? How did they feel? How did you feel?
 4. Have you ever blown up on somebody out of anger? How did you feel afterward? How did they feel?
 5. Have you ever gotten really angry and stopped yourself before you reacted? (SO HARD TO DO!) If so, how did you feel?
 6. Have you ever been wrong? :)
 7. Have you ever been wrong and not admitted it? How did you feel?
 8. Have you ever been wrong and just admitted it right away? How did you feel?
 9. Do you think that being okay with being wrong can help you at all? How?
- (Maybe being less hard on yourself or less defensive makes you feel lighter, leaving space to learn, let go, and move forward)
10. Do you have a “stupid” story to share? What were you able to learn from it?